



Medical Clearance for Surgery  
Form 1

Surgeon's Name: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_

Date of Surgery: \_\_\_\_\_

Dear Doctor:

Thank you for seeing \_\_\_\_\_. The proposed \_\_\_\_\_ surgery is minimally invasive and is typically of duration of approximately a half (1/2) hour to forty five (45) minutes depending upon the procedure. Please provide the following requirements for medical clearance.

1. History and Physical- Completed within 30 days of surgery date.
2. EKG completed within 180 days of surgery date.
3. Labs (CBC, SMA7) - Completed within 180 days of surgery date.
4. Patients who are on diuretics or anticoagulants and/or diabetes, renal, or liver disease must have the appropriate blood work. Please note that the potassium level for dialysis patient should be within the acceptable range and also the platelet level should be more than 80,000 mcL.
5. Please include the medication list as part of the medical clearance (if applicable).
6. If patient is using assistive device such as wheelchair, cane, walker, please indicate ambulatory status of patient.

**Please fax the enclosed forms to:**

**Fromer Eye Centers**

**Attn: Surgical Coordinators Department**

**Phone: (718) 261 - 4190 Fax: (347) 523 - 4653**

We are enclosing the pre-operative forms to be completed for the patient's surgery.

Thank you.

**FROMER EYE CENTER USE ONLY:**

- Please go to your primary care physician for your medical clearance by \_\_\_\_\_.  
Note: You must see your primary care provider two (2) weeks prior to your surgical date.
- Please bring these two (2) forms to your doctor:  
Please bring forms 1 & 2 to your doctor

ESCNY Forms



**PATIENT HISTORY AND PHYSICAL**

Form 2

PATIENT NAME:

DATE:

OPERATION:

AGE:

SURGEON:

SEX:

DIAGNOSIS:

**VITAL SIGNS:** B/P \_\_\_\_\_ P \_\_\_\_\_ RR \_\_\_\_\_ SAT \_\_\_\_\_ %

**MEDICAL HISTORY:**

**SURGICAL HISTORY:**

**ALLERGIES/REACTION:**

**MEDICATIONS:**

**PHYSICAL EXAM: Does patient have a cognitive impairment?**

**Yes**

**No**

**DEMENTIA/ALZHEIMERS**

**\*\*\* If so, please attach HEALTH CARE PROXY**

**IMPRESSION:**  MEDICALLY STABLE AND CLEARED FOR PROPOSED PROCEDURE IN AN AMBULATORY SURGERY CENTER.

**RECOMMENDATIONS:**

**Please provide copy of:**

LABS  EKG

\_\_\_\_\_  
PHYSICIAN PRINT MD/DO/NP

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

ESCNY Forms



Our **entrance on 204<sup>th</sup> St** between Valentine & Grand Concourse **(basement)**

**A nurse will call you the day before your procedure to establish a time.** If you have any medical issues or have previously been hospitalized, in the last 30 days, please let the nurse know.

- You are to have nothing to eat or drink after midnight, the day of surgery, unless instructed by a staff nurse.
- You can take your blood pressure medication, antidepressant, anti-anxiety the morning of surgery with a little bit of water
- If you develop a cough, cold or fever: Call your surgeon as soon as possible prior to your surgery.
- **PLEASE DO NOT BRING CHILDREN THE DAY OF SURGERY**

**You must be accompanied by an adult the day of surgery. If you do not have an escort, surgery will be canceled.**

**Bring the following with you the day of surgery:**

- Payment for surgery center. A surgery center staff member will call you a week in advance to inform you of any copay, deductible or coinsurance.
- Photo ID and insurance card
- Eye drops or ointment
  - Please confirm your surgeon prescribed eyedrops/ointment with the staff nurse.

**Payment due to Eye Surgery Centers of New York is separate from the physician fee you may have paid to the physician's office.**



**PATIENT AND INSURANCE INFORMATION**

THE SURGERY CENTER REQUIRES THE FOLLOWING INFORMATION IN ORDER TO FILE YOUR INSURANCE CLAIM (S). ALL CLAIMS ARE PROCESSED ACCORDING TO THE PATIENT'S PARTICULAR PLAN. DEDUCTIBLES, CO-INSURANCE, AND NON-COVERED SERVICES MAY APPLY AND ARE THE RESPONSIBILITY OF THE PATIENT.

NAME OF SURGEON: \_\_\_\_\_  
 PATIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_  
 DATE OF BIRTH \_\_\_\_\_ SEX \_\_\_\_\_ SOCIAL SECURITY# \_\_\_\_\_  
 HOME ADDRESS \_\_\_\_\_ HOME PHONE # \_\_\_\_\_  
 CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
 BUSINESS PHONE# \_\_\_\_\_ CELL PHONE # \_\_\_\_\_

PROCEDURE(S)	CPT		
	CPT		
	CPT		

Left  Right  Bilateral  Authorization Required:  No  Yes If Yes, Authorization# \_\_\_\_\_

DIAGNOSIS(ES)	ICD-10		
	ICD-10		
	ICD-10		
	ICD-10		

**PRIMARY CARE PHYSICIAN**

**EMERGENCY CONTACT**

NAME \_\_\_\_\_  
 PHONE# \_\_\_\_\_  
 FAX# \_\_\_\_\_

NAME: \_\_\_\_\_  
 PHONE# \_\_\_\_\_  
 Relationship to patient \_\_\_\_\_

Primary Insurer \_\_\_\_\_  
 Policy Holders Name \_\_\_\_\_  
 Relation to Patient \_\_\_\_\_  
 Policy # \_\_\_\_\_ Group# \_\_\_\_\_  
 Policy Holders Date of Birth \_\_\_\_\_  
 PRECERT# \_\_\_\_\_ Date \_\_\_\_\_

Secondary Insurer \_\_\_\_\_  
 Policy Holder's Name \_\_\_\_\_  
 Relation to Patient \_\_\_\_\_  
 Policy # \_\_\_\_\_ Group# \_\_\_\_\_  
 Policy Holders Date of Birth \_\_\_\_\_  
 PRECERT# \_\_\_\_\_ Date \_\_\_\_\_

I REQUEST THAT PAYMENT OF AUTHORIZED MEDICARE AND/OR OTHER INSURANCE BENEFITS BE MADE EITHER TO ME OR ON MY BEHALF TO THE EYE SURGERY CENTERS OF NEW YORK ANY SERVICES FURNISHED ME BY THIS SUPPLIER. I AUTHORIZE ANY HOLDER OF MEDICAL INFORMATION ABOUT ME TO RELEASE TO THE HEALTH CARE FINANCING ADMINISTRATION AND ITS AGENTS AND/OR TO ANY OTHER INSURANCE CARRIER (S) ANY INFORMATION NEEDED TO DETERMINE THE BENEFITS PAYABLE FOR RELATED SERVICES.

PATIENT SIGNATURE \_\_\_\_\_ DATE/TIME \_\_\_\_\_



**CONSENT FOR SURGERY & ANESTHESIA**

\_\_\_\_\_ Date of Birth \_\_\_\_\_ is scheduled for outpatient surgery at the  
**Eye Surgery Centers of New York.**

Name of Operation: \_\_\_\_\_  
\_\_\_\_\_

Surgeon: \_\_\_\_\_, MD and Assistant Surgeon

The advantages and disadvantages of outpatient surgery have been explained to me and I understand them. I realize that following my operation; admission to a hospital may be necessary. I agree to be admitted to St. Barnabas Hospital, 4422 Third Ave, Bronx, NY 10457 (718) 960-9000 if my doctor deems it necessary.

I consent to the disposal of any tissues that are removed surgically.

Following surgery, I will not drive myself home or use public transportation.

I realize that, following administration of medication or anesthesia, my mental alertness may be impaired for several hours. I will not make any decisions or participate in any activities that depend on full mental alertness during that time.

IF APPLICABLE, I certify that at this time, **I AM NOT PREGNANT.**

To the best of my knowledge, all the answers to the questions I have been asked are true and I have not withheld any information.

I hereby consent to the proposed operation and the administration of the necessary pre-operative, operative and post-operative medications.

\_\_\_\_\_  
Signature of Patient/Guardian

\_\_\_\_\_  
Date/Time

\_\_\_\_\_  
Doctor

\_\_\_\_\_  
Date/Time

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date/Time



**PRE-OPERATIVE HEALTH QUESTIONNAIRE**

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Have You Ever Had:

- Yes  No Heart Issues
- Yes  No High Blood Pressure
- Yes  No Asthma or Breathing Problems
- Yes  No Diabetes
- Yes  No Stroke
- Yes  No Epilepsy or Convulsions
- Yes  No Bleeding Tendency
- Yes  No Jaundice, Hepatitis or Liver Problems
- Yes  No Chronic Back Problems
- Yes  No Anxiety Problems
- Yes  No Kidney Disease or Urinary Tract Infection
- Yes  No A Bad Reaction to Local or General Anesthesia. If Yes, indicate type of Anesthesia & Reaction: \_\_\_\_\_
- Yes  No Abnormal Chest X-ray
- Yes  No Abnormal EKG
- Yes  No Allergic to Latex
- Yes  No Allergic to Betadine
- Yes  No Allergic to Seafood
- Yes  No Allergies or Reactions to Drugs. If Yes, Please List: \_\_\_\_\_

Do You:

- Yes  No Wear Contact Lenses
- Yes  No Wear a Hearing Aid
- Yes  No Have Dentures, Caps or Bridges?
- Yes  No Use assistive device such as cane, walker, crutches, wheelchair?
- Yes  No Smoke? If so, How Much? \_\_\_\_\_
- Yes  No Drink Alcohol? Is so, How Much Per Day? \_\_\_\_\_
- Yes  No Have an automatic internal defibrillator and/or Pacemaker?
- Yes  No Have you currently or in the past taken Flomax or Tamsulosin?
- Yes  No Take any prescription medications? If yes, please bring a list on the day of surgery.
- Yes  No Have Alzheimer's, Dementia or Memory problem or do you take any medication for memory such as Aricept, Donepezil, Exelon, Razadyne, Namenda, Memantine? If so, will require HealthCare Proxy.
- Yes  No Currently admitted in the Nursing Home Facility or Rehab center. If yes, indicate the ambulatory status and **ALERT** the ESCNY.  
Ambulatory Status: \_\_\_\_\_

\_\_\_\_\_  
Signature of Patient/Guardian

\_\_\_\_\_  
Date/Time

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date/Time



## EYE SURGERY CENTERS OF NEW YORK ACKNOWLEDGMENT FORM

I, \_\_\_\_\_, acting as a (circle appropriate designation) patient, patient's representative, relative, do hereby acknowledge receipt, review, and the opportunity to ask any questions about the following.

- The description of law prepared by the Department of Health entitled, "Planning in Advance for Your Medical Treatment".
- The pamphlet prepared by the Department of Health entitled "Appointing Your Health Care Agent- New York State's Proxy Law".
- A model "New York Living Will".
- The fact sheet entitled, "Deciding about CPR: Do Not Resuscitate orders (DNR)".
- A handout entitled, "Ten Basic Questions and Answers for Consumers on the Patient Self- Determination Act".

I further do hereby acknowledge that, prior to the day of the surgical procedure, I received and reviewed the following documents:

- Patients' Rights and Responsibilities
- Informational Document on Advance Directives
- A disclosure of financial interest in this facility from my physician (if applicable)

I further do hereby acknowledge that Patients Rights and Responsibilities and this facilities policies regarding Advance Directives were verbally explained to me by a representative of this facility, prior to the date of surgery, to my satisfaction.

I further attest that I have informed EYE SURGERY CENTERS OF NEW YORK of the existence, if any, of instructions pertaining to Advanced Directives, Living Wills, DNR Orders, Health Care Proxy, or other form of an expression of patient self-determination. I have/will provide a copy of the duly executed instrument and acknowledge that said copy will become a part of the patient medical record.

I have an Advanced Directive { } No { } Yes Type: \_\_\_\_\_

I understand and acknowledge that it is the responsibility of the patient, or his/her representative, to inform EYE SURGERY CENTERS OF NEW YORK immediately of any change in the conditions of the above mentioned expression of patient self-determination.

\_\_\_\_\_  
Print patient's name

\_\_\_\_\_  
Patient, representative, relative  
Signature (Circle appropriate one)

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date